

Short Breaks Family Fun Day

The Short Breaks service and the Sports Development Unit are working together to provide families with disabled children the opportunity to use the excellent facilities at Plymouth Life Centre.

If you are a parent or career of a disabled child aged 6 to 16 who lives within Plymouth, these free events allow your whole family to take part in an afternoon of various activities including; Trampolining, Climbing, Football and Speed Cage, Dodgeball & Swimming

The next Family Day is on Sunday 3 December 2017 from 1pm to 5pm and will be Christmas themed.

To enable the events to run smoothly, you must register with us to secure a place.

You are only able to apply for a place on the next available event.

If you would like any more information or to register for a space, please call the Sports Development Unit on 01752 307008 or email sportsdev@plymouth.gov.uk.