



Dear Parents & Carers

What a busy start to this half term! Since returning back we have had a wonderful 'Wellbeing Week' where children placed their mental and physical wellbeing at the forefront of their learning. We had our Riverside Fun Run on a rainy Sunday morning. We have had our Nursery and KS2 Sports Days. **KS1 Sports Day** will be on **Tuesday 2nd July** starting at **1:30pm**. Our Year 5 pupils have all spent time down at Shallowford Farm on their residential trip and our Year 6 pupils are all ready to leave for their trip this weekend.

It has been a crazy but exciting start to the new half term. Sometimes in school it is hard keeping up with what's going on. Please check our school website, especially the photos, where you can keep up with the wide range of activities we offer our pupils.

Class Photos – Tuesday 25th June

Class photos for Nursery, Foundation, Year 2, Year 4 and Year 6 will be taken on Tuesday 25th June and these will be available to purchase later this term.



Visual School Screening - Foundation

All Foundation children who have received a letter from the Royal Eye Infirmary will be screened in school on either **Wednesday 3rd July or Friday 5th July**. All other Foundation children not screened at this time will be invited to the Royal Eye Infirmary for an examination.

Packed Lunch

Packed Lunches

When your child has a packed lunch in school, our Meal Time Assistants will encourage them to eat **at least 3 items**. They guide the children to eat their **'main' first e.g. sandwich**. They encourage children to bring any wrappers and uneaten food home so that you can see what they have eaten and what they have left (with the exception of yogurt pots and drinks cartons).



recommend the following elements to make a balanced lunch:

Main- a sandwich, wrap or bagel with a healthy filling, pasta salad, soup in a flask with bread, pitta and humus dip

Fruit/Salad- Veg sticks, fresh fruit, dried fruit, fruit pieces in juice, a fruit pouch

Snack- rice cakes, malt loaf, plain popcorn, sugar free jelly, yogurt, crackers,

Drinks- water, milk,

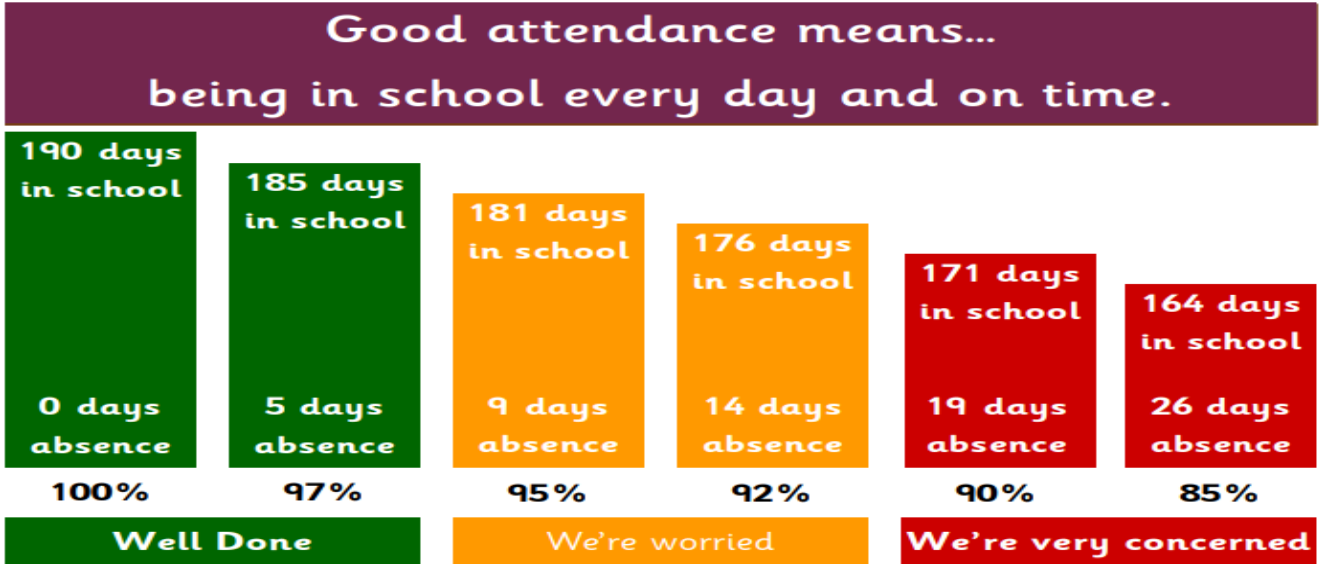
<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

Please avoid fizzy drinks and sweets

If you have any concerns, preferences or worries about your child's eating then please do not hesitate to share this with your child's class teacher.

Pupils before school

Please can I remind parents that the period of time before school, from when the gates open at 8:30am until the bell goes at 8:50am, supervision of children, is the parents' responsibility. Over recent weeks I have noticed a number of children arriving at school, dropping their bags then leaving via the school gate to go to the Co-op or meet friends outside the school. Please remind your children, if they walk to school on their own, that when they arrive at school they must not leave the school grounds.



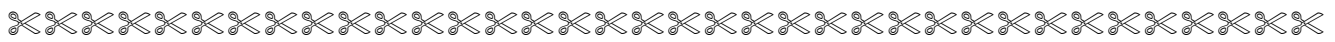
Please give your child the best chance of success by ensuring that they are in school as much as possible!



Dates for your Diary - July 2019

- Tuesday 16th July 6:00pm Year 6 Performance to parents
- Wednesday 17th July 2:00pm Year 6 Performance to parents with crèche
- Tuesday 23rd July 4:00pm Year 6 Leavers BBQ
- Wednesday 24th July 9:15am Year 6 Leavers Assembly

B Jones
Head Teacher (25.06.19)



After reading the recent newsletter, I would like to make the following comments:-

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Signed:.....Parent of:..... Child's Class:.....