

WEEK 3

NUTRITIOUS

THREE WEEK MENU

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Beany Chilli with Baked Nachos with Rice	Chinese Vegetable Noodles	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy	Macaroni Cheese	Quorn Dippers with Chips
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Pasta	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES					
OPTION 4	Ham\Cheese\Tuna Sandwich	Ham\Cheese\Tuna Sandwich	Ham\Cheese\Tuna Sandwich	Ham\Cheese\Tuna Sandwich	Ham\Cheese\Tuna Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with fresh fruit slices	Vanilla Ice Cream	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Chocolate Crisps with Fruit

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

- Vegetarian
- Vegan
- Oily Fish
- Fruity!
- Wholegrain
- Nutritionist's Choice

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W/C: 16/11/2026, 07/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027
Menu_219_028408

WEEK 1

FRESH!

WEEK 2

HOT DISHES

OPTION 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Vegetable Wrap with Rice  	Bean and Cheese Pastry Turnover with Herby Diced Potatoes 	Sweet Potato and Chickpea Roast with Stuffing and Gravy  	Vegan Meatball Baguette with Potato Wedges 	Veggie Fingers with Chips 
Cheese and Tomato Pizza with Nut-Free Pesto Pasta  	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball  	Fish Fingers or Chicken Goujons with Chips
Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 

HOT DISHES ARE SERVED WITH TWO VEGETABLES

OPTION 4

Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Lemon Cookie 	Chocolate Ice Cream	Apple Crumble with Custard  	Chocolate Marble Cake 	Chocolate Crisps with Fruit 
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HOT DISHES

OPTION 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spicy Tomato Pasta Bake with Garlic Doughball 	Beany Vegetable Burger with Potato Wedges  	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy 	Vegetable Korma with Rice  	Quorn Dippers with Chips 
Cheese and Tomato Pizza with Nut-Free Pesto Pasta  	Cheeseburger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy 	Chicken and Sweetcorn Pie with Mashed Potato	Fish Fingers or Chicken Goujons with Chips
Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 

HOT DISHES ARE SERVED WITH TWO VEGETABLES

OPTION 4

Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich Ham\Cheese\Tuna Sandwich

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Chocolate Cookie   	Strawberry Ice Cream	Chocolate Brownie with Fruit  	Chocolate Fudge Cake	Ginger Biscuit with Fruit 
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FRUITY!

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES

With a choice of topping  

 Vegetarian

 Vegan

 Oily Fish

 Fruity!

 Wholegrain

 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 08/03/2027

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES

With a choice of topping  

 Vegetarian

 Vegan

 Oily Fish

 Fruity!

 Wholegrain

 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 09/11/2026, 30/11/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027